

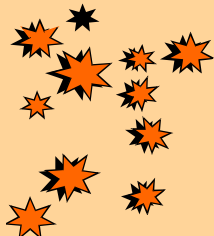
# Facilitator Masterclass

## 23 – 25 February 2010

### Kaizen Training Limited

*Learning, Leading, Changing*

Facilitation  
from the root "facile"  
or "facere" meaning  
"to make easy".



#### Venue

Hunton Park  
Hertfordshire

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Have you ever watched a master facilitator at work and wished you could bottle the skills, behaviours and beliefs for yourself? At our 3-day workshop you will be able to do just that!

You'll enjoy learning with a group of like-minded professionals, get precise feedback and develop your own unique style through coaching and collaboration with a group of your peers. We'll go way beyond the tools and techniques and begin to develop the beliefs and capabilities normally associated with world-class facilitators.

#### What you get:

- Three action-packed days of **rich, multi-sensory** development
- New choices and even more confidence in choosing how to intervene with groups
- Solutions Focus – a positive and pragmatic way to work with groups
- Facilitator transparency and authenticity – bringing who you are to what you do
- Advanced intervention strategies – including playing with timelines, perceptual positions, and using chunking to resolve conflict
- A comprehensive full **colour** manual – a complete resource for designing and facilitating business groups
- More tools for establishing rapport with groups - fast
- New approaches to problem solving, decision making and **CREATIVITY**
- Advanced State Management – how to turn a group around using state transitions (e.g. from cynical to excited, from fearful to unstoppable, from low to high-energy)
- Personal feedback, coaching and bags of ideas to take you to the next level

Your investment includes all materials, a brain-friendly lunch and refreshments throughout each day, but excludes accommodation.

Your investment for the three-day programme is **£995+VAT**

## Here's what participants said about the last Facilitator Masterclass from Kaizen:

### How would you describe your overall reaction?

- Positive, powerful and fun
- Delighted to have such precise feedback – feel really stretched in a good way
- Once again – ten times exceeded expectations
- A rich, magical learning journey – thank you
- Amazed
- Enthusiastic
- Like fresh air – you normally do!
- Very pleased – plenty of opportunities to practice as well as vital personal feedback
- Fantastic!
- Surprised at how much I learned and more importantly – can relate to my work environment
- Completely fulfilled

### Say more...

Until now, I only believed that the most deep and joyful learning experience is possible – that it was out there somewhere. Thanks to you I've experienced it – and I'm taking it with me. I have it in my heart, willing to share it with others. I know how to do it now. Thank you!

Feel peaceful, calm, excited by the future possibilities. Very grateful for my belief change – the possibilities are endless!

I shall be telling everyone I know how valuable and useful this programme is, how sensory-rich it is. If it were an ice-cream, it would be a tutti-frutti, with something in it for you and you and you!

It has been a joy. I have learned and experienced so much – and in a wonderfully confused way! I have so much choice now on how I improve and enjoy myself even more in the future. I feel excited – and sad it's over. Many thanks!

I feel full of ideas. Excited about the prospect of putting them into practice. Inspired by other participants.

There is nothing I won't use – and I will never work without giving full attention to all aspects of learning. I feel happy and sad all at the same time.

Feel fabulous. Great new ideas. Inspiration. Ready to change. Loved the content.

I feel energised, delighted and magnificent – thanks! Eager, positive and smiley.

Paradoxically, I feel both rested and energised! Thanks for providing such a brilliant and very positive opportunity to step back from both work and the business for a few days, spend time with you and your team and the rest of our group to learn, re-learn and rethink where I am at (and going!) as a people developer. You are a model of the very best order – long may it continue. Hope we meet again.

I feel inspired I have reconnected with my values. This was the best three days' training I've had in absolutely years – I am so excited about applying all that I've learned! It was a pleasure to work with you and your team Kim.

Light-hearted, light-minded, light-loaded. Great state. Able to observe, reflect, model and learn. Able to recognise I'm already doing some things really well – and that I can get even gooder-er! Happy!

Real mastery in facilitation – fascinating content, generous materials, real respect for participants, excellent choice points including time to reflect. I feel excited and privileged. Smidgens of confusion but I now know even better how to go with it.

The energy and inspirational motivation. The feelings from the journey I have made. The lessons I have learned. The flow.

I feel very enthusiastic about what I have learned and about how I will put this into practice. I feel very revitalised at the moment and know this will continue. I have learned so much.

An astonishing experience – one that will sustain me in the future. I have been in the Flow for three full days – something I've never experienced before on a course. If I can get my groups to achieve anywhere near what this course has achieved I will be very happy indeed.

### **Your short message to a future participant....**

- Open up, play, wobble and learn!
- Jump in – the water's lovely! Start right at the deep end!
- Take the opportunities to practice – with coaching
- Just do it
- Don't just dip – take a dive!
- You're very lucky to be here – make the most of the opportunity to learn from Kimberley and the other fantastic people you'll meet
- Be prepared for more than just tools and tricks

- If you only choose one course this year choose a Kaizen course – they know their stuff
- Really think hard about what you want to take away with you
- Soak it up!
- Extremely valuable – opens your eyes to ways to vastly improve your performance as a facilitator and increase confidence
- These skills are a “need to have”, not a “nice to have”

### Choose 3 adjectives that describe how you feel now...

- Carefree, challenged, capable
- Positive, energised, enthusiastic
- Physically uncomfortable (cold), affirmed, anticipatory
- Awestruck, determined, invigorated
- Enriched, positively challenged, clear
- Fantastic, amazed, zen-like
- Amazed, Fantastic, Brilliant
- Lighthearted, primed, pleased
- Masterful, charged, powerful
- Abundant, vivacious, good
- Knowledgeable, empowered, jubilant